

MATCH THE DRINKS TO THE SUGAR STOP LIGHT



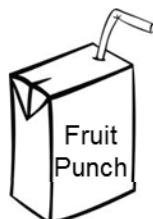
Water



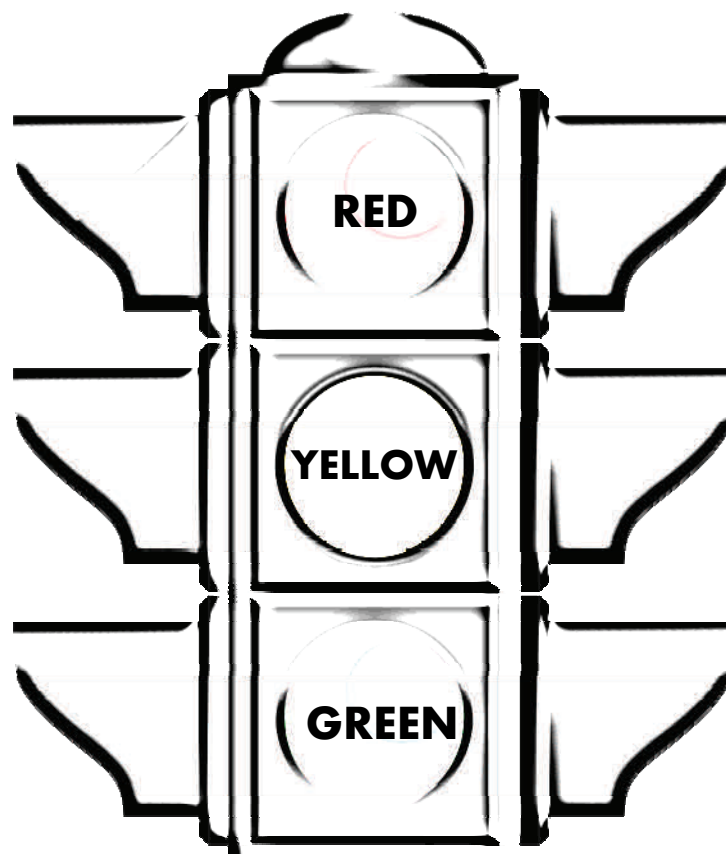
Diet Soda



Fruit infused water



Fruit Punch



RED

YELLOW

GREEN



SODA
sugar Free



100%
JUICE



Energy Drink



soda



MILK



RED = Drink Rarely	Processed Sugars
YELLOW = Drink Sometimes	Sugar Substitutes
GREEN = Drink Often	Natural Sugars

