

# Jump4Life!

A CINCH Jump Rope Program for Kids in Healthy Hampton Roads  
Parent Feedback

Your child has recently participated in a Jump Rope Program at their school, afterschool or community center group lead by trained jump rope program staff. Please tell us what you think of the jump rope program!

1. My child jumps rope at home.

- A lot
- Sometimes
- Never

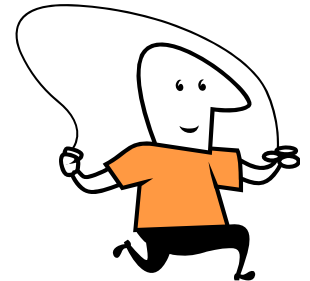


2. My child jumps rope at their program or school.

- A lot
- Sometimes
- Never

3. My child likes jumping rope.

- A lot
- Sometimes
- Never
- Not sure



4. My child jumps rope more now than before the jump rope program.

- Yes
- No
- Not sure

5. My child has improved at jumping rope because of the jump rope program.

- Yes
- No
- Not sure

6. I would encourage my child to participate in future Jump4Life programs.

- Yes
- No
- Not sure