



Healthy Communities Obesity Summit Series:

Healthy Hampton Roads: Healthy Community Best Practices Agenda
YMCA of South Hampton Roads Corporate Office
January 20, 2016

- 1:00 pm Using Best Practice Approaches for Healthy Communities**
Amy Paulson, MPH, AE-C
- 1:45 pm Instant Recess**
YMCA of South Hampton Roads
- 1:55 pm Healthy Community Coalition Sharing:
Lessons Learned from the Trenches**
Healthy Chesapeake, Jenny Fertig, MS
Healthy Hampton, Irene Ferrainolo, RN, MPH
Healthy Norfolk, Rachael Bean, MPH
Healthy Portsmouth, Jett Johnson, MS & Jessica Mullen, MPH
Partnership for a Healthier Suffolk/Healthy People Healthy Suffolk, Doug Naismith, MD
Healthy Virginia Beach, Heidi Kulberg, MD, MPH
- 3:05 pm Discussion: A Regional Approach**
- 3:25 pm Next Steps & Closing Remarks**

Many thanks to the YMCA of South Hampton Roads for hosting

SUMMIT SERIES, SAVE THE DATES

Creating Healthy Kids through Healthy Eating

April 27, 9 - 11 am, Hampton Inn Suffolk, 1017 Centerbrooke Lane, Suffolk, VA 23434

Breastfeeding in the Community

August 3, 9 - 11 am, Location TBD

Healthy Cities Campaigns

November 2, 1 - 3 pm, Location TBD



Creating a Healthy Hampton Roads where people live, learn, play, work & worship.

For more information please contact us at cinch@evms.edu or visit www.cinchcoalition.org. CINCH is program of EVMS Pediatrics to engage the community to improve children's health.