



# Healthy Communities Obesity Summit Series:

**Healthy Hampton Roads: Creating Healthy Kids through Healthy Communities Agenda**  
**Hilton Garden Inn, Suffolk**  
**April 27, 2016**

- 9:00 am Welcome**  
Megan DeWitt, MPH; Chronic Disease Health Educator, Hampton Health District & Chairperson, CINCH Obesity Work Group
- 9:05 am Creating Healthy Kids through Healthy Communities**  
Heidi Hertz, MS, RD; Obesity Prevention Coordinator, Virginia Foundation for Healthy Youth
- 10:05 am Instant Recess**  
Ashley Denney, Wellness Coordinator, Hampton Parks & Recreation
- 10:15 am Break**
- 10:25 am Moving To Action – Three Simple Policy Changes for Communities**  
Amy Paulson, MPH, AE-C; Director, Consortium for Infant & Child Health & Instructor, EVMS Pediatrics
- 11:00 am Community Discussion/Q & A**
- 11:25 am Closing Remarks**  
Megan DeWitt, MPH

*Many thanks to the Obici Healthcare Foundation for sponsoring this event!*

## REMAINING 2016 SUMMIT SERIES, SAVE THE DATES

### *Breastfeeding in the Community*

August 3, 9 - 11 am, Location TBD

### *Healthy Cities Campaigns*

November 2, 1 - 3 pm, Location TBD

For more information please contact us at [cinch@evms.edu](mailto:cinch@evms.edu) or visit [www.cinchcoalition.org](http://www.cinchcoalition.org).  
CINCH is program of EVMS Pediatrics, to engage the community to improve children's health.

