

The Pledge



_____, commits to support breastfeeding mothers, infants, and their families. We are in agreement that breastfeeding is a healthy and natural part of life, and that breast milk is an ideal food for infants. By supporting the Breastfeeding Welcome Here Project, we willingly recognize and support the goals of the project which include increasing awareness and acceptance of breastfeeding and to encourage sustained breastfeeding.

By signing this pledge, we commit to a these actions:

We Will:

- Provide a comfortable, supportive environment for mothers to nurse in our establishment.
- Ensure that all staff members are aware of the project, and receive training on how to be supportive to nursing moms and
- Display the Breastfeeding Welcome Here signage in a highly visible place.

We Will Not:

- Ask breastfeeding mothers to leave the establishment to nurse.
- Ask breastfeeding mothers to go to the restroom or a different area.
- Ask a breastfeeding mother to cover-up the baby's head while nursing.

Print Name

Date

Signature

Witness Signature



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