



Additional Activities - Unit 1: I Am Special

In this lesson, children learn about their **identity and sense of self**. We want your child to understand that they are a very special person. Here are some activities you can do with your little one to reinforce the HALO at Home lesson!

“Who Am I?” Fill in the Blank Faces Activity

With this activity, your child will draw the unique features of their face to see how they are special!

Materials Needed:

- “Who Am I” blank face print out (see other page)
- Crayons or markers
- Mirror

Directions: Review how we are “alike” and “different.” Let your child look in a mirror and ask them to notice the color of their eyes, hair, and skin. Then give your child the “Who Am I” blank face print out for them to color in the details of their face.

Mirror Images Activity

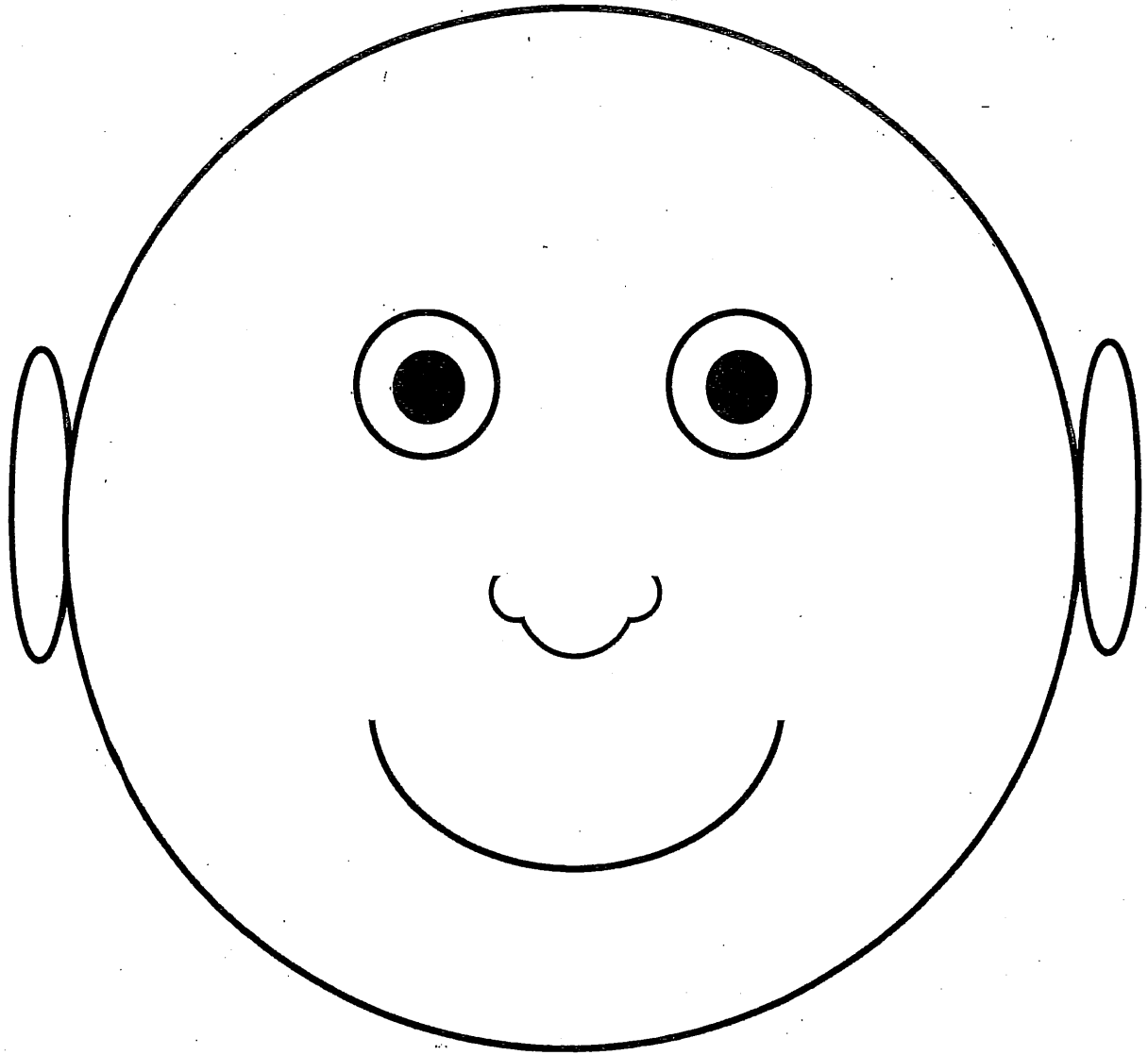
This activity will get your child to verbally speak “out loud” all the things that make them special!

Materials Needed:

- Hand-held mirror (bathroom or other mirror in home will work)

Directions: Talk with your child about all the things that make them special. This can be anything from their hair color, skin color, eye color, etc. Then have them look in the mirror and verbally describe all the ways they are different from you and how they are similar to you. You can even get other family members involved!





★“WHO AM I” FILL IN THE BLANK FACES★ ACTIVITY (PAGE 12)

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16

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