

HALO at Home!

Additional Activities - Unit 2: I Can

In this lesson, children learn about their **identity and sense of self**. We want your child to understand that they can do many things. Here are some activities you can do with your little one to reinforce the HALO at Home lesson!

“I Can Help” Chart

This activity will encourage children to help out at home and show how capable they are!

Materials Needed:

- Calendar chart (see next page)
- Markers, crayons, or something else to write with
- **Optional: colored or construction paper.**

Directions: Have your child think of all the ways that they can help out at home (pick up toys, set the table, water plants, feed pets, etc.) and have them choose one activity that they can do each day and write it down on their calendar in the _____ **Can** _____ section. **Optional: Cut out the calendar and glue onto colored or construction paper so that your children can customize how their calendar will look.** Allow them to decorate it any way they want and check off the activity each day after the job has been completed!

My “I Can Help” Chart

_____ Can Help!

Month _____ Year _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

