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Mrs. Paulson has consulted and presented locally and nationally on a variety of topics related to coalition development and maintenance, community leadership building, strategic development, action planning, group dynamics, health policy advocacy, chronic disease, and pediatric health. Amy Paulson has over fifteen years of experience in public health program management. Ms. Paulson joined CINCH as a program coordinator in 2001 and assumed the role of Executive Director of CINCH in 2006. She also serves as an Instructor in the Department of Pediatrics at Eastern Virginia Medical School and Children's Hospital of The King's Daughters. As the Executive Director of CINCH, she is responsible for coalition development, fundraising, grant writing and management, program development and implementation, staff supervision, and general operations. Her background is in public safety, prevention behavior, chronic disease research and programming, and organizational psychology. She is interested in health promotion, behavior, and social justice as it applies to community systems and policies, particularly in under-served populations.

Amy holds Bachelor's degrees in Business in Health Care Administration and in Psychology, both from Appalachian State University, and a Masters of Public Health from the University of North Carolina at Chapel Hill.