

# ***Smoking & vaping in cars with kids hurts young lungs.***

**I am a**

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**& kids ride with me smoke & vapor free!**

## ***MY FAMILY SMOKE-FREE CAR POLICY***

We commit to riding in smoke & vapor free cars only. We will not allow our children to ride in a car that has been smoked or vaped in, at ANY time, even this is dangerous. This includes lit tobacco & vaping devices, both harmful to children.

### **I PLEDGE TO PROTECT YOUNG LUNGS OF MY COMMUNITY BY:**

- ✓ **Only allowing children to ride in a car where no one ever smokes or vapes.**
- ✓ **Making sure no one ever smokes or vapes in my car.**
- ✓ **Sharing the #757SmokeFreeRide message.**



**#757SmokeFreeRide**

**Tobacco User Quitline  
1-800-QUIT-NOW**



For more information & resources:  
[www.cinchcoalition.org](http://www.cinchcoalition.org)